



SSAFA IN SCOTLAND

2016

INTRODUCTION

SSAFA, the Armed Forces charity provides lifelong support to regulars, reserves and veterans of the Royal Navy, the Royal Marines, the British Army and the Royal Air Force and their families.

With over 130 years' experience we have continued to work to understand and adapt to the needs of our beneficiaries and the issues they face. Last year we helped over 67,000 people through our charitable and specialist services.

Our vision

Our Armed Forces (both regulars and reserves), veterans and their families know they can depend on SSAFA for support now and for the rest of their lives.

What makes us unique?

- We are the oldest national tri-service charity and were founded in 1885
- We have the broadest reach on the ground in local communities across the UK
- We have the greatest presence on military establishments of any charity
- SSAFA focuses on supporting families as well as serving personnel, reserves and veterans



How do we help?

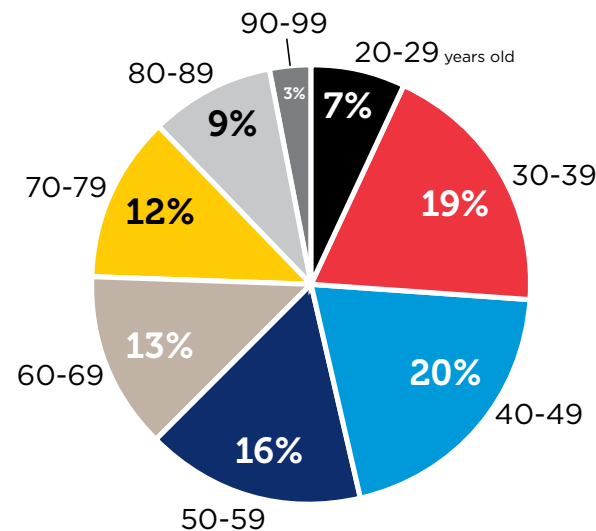
We offer practical, emotional and financial support for serving personnel, veterans and their families. This includes both regulars and reserves and anyone who completed National Service.

SUPPORTING VETERANS AND THEIR FAMILIES ACROSS SCOTLAND

22 Scottish branches
300 trained caseworkers
5 service committees

In 2016, **Glasgow's Helping Heroes**, SSAFA's partnership with Glasgow City Council, supported 276 people, 19% more than in 2015. The Glasgow Veterans United project worked with 16 participants, who received weekly mentoring and training from Glasgow Rangers Football Club coaches, to obtain an SFA level one coaching certificate. We successfully piloted aftercare mentoring for the group, which will continue into 2017.

Who we helped by age



£2.4m
 raised in grants

165
 people received educational help

2,867
 cases and visits to beneficiaries

542
 people helped with accommodation assistance

299
 assisted with medical needs

444
 helped with debt problems

535
 people received personal help

*Based on 2016 figures

SSAFA, the Armed Forces charity provides lifelong support to our Armed Forces, veterans and their families. We began our work in 1885. This year our staff and teams of volunteers helped over 67,000 people - from World War Two veterans to those involved in more recent conflicts and their families.

FOR MORE INFORMATION ABOUT SSAFA, PLEASE CONTACT US:

- Call **0800 731 4880** Lines open 9.00 to 17.30 weekdays
- Email **info@ssafa.org.uk**
- Visit **ssafa.org.uk/scotland**

NEED TO TALK?

SSAFA's Forcesline is a free and confidential helpline providing advice and information for serving personnel, reserves, veterans and their families. It is completely independent of the chain of command.

- Visit **ssafa.org.uk/forcesline**

